

MONUMENT HEALTH'S 26TH ANNUAL
**CARDIOVASCULAR
DISEASE AND WELLNESS**
SYMPOSIUM

Oct. 17, 2024

7:30 a.m. – 5 p.m.

Snacks and lunch provided.

A day-long symposium offering a practical approach to the advances in cardiovascular care and technology, new preventative strategies and latest wellness information.

CME/CE Credits available

In-person and virtual options available.

The virtual Cardiac Symposium will be hosted via WebEx.



GREAT PLAINS
CHAPTER

AMERICAN COLLEGE of CARDIOLOGY®

This complimentary symposium is beneficial for physicians, nurses, EMS responders, physician assistants and nurse practitioners.

- 8:00 a.m. **Welcome**
Paulette Davidson, CEO
Monument Health
- 8:10 a.m. **Live Case from the Cath Lab**
Bhaskar Purushottam, M.D.
Monument Health Heart and Vascular Institute
- 9:00 a.m. **Break/Q&A - 10 minutes**
- 9:10 a.m. **Integrating Risk Factors and Healthy Lifestyle Approaches**
Amy W. Pollak, M.D.
Mayo Clinic
- 10:00 a.m. **Break/Q&A - 10 minutes**
- 10:10 a.m. **Heart Success is a Team Event**
Luis Hernandez, M.D.
Jessica Tvedt, CNP
Megan Hullinger, CNP
Audrey Bickerdyke, DNP
Monument Health Heart and Vascular Institute
- 11:10 a.m. **Updates in CV Medicine; Testing Guidelines**
Alex Schabauer, M.D.
Monument Health Heart and Vascular Institute
- 12:15 p.m. **Lunch and Vendors**
- 1:15 p.m. **Welcome Back**
John Talcott | Director
Monument Health Heart and Vascular Institute

- 1:20 p.m. **Panel Discussion/Case Studies:**
Dual Antiplatelet Therapy in High-Risk Patients after WATCHMAN FLX Implant
Meghann Warnke, CNP
Monument Health Heart and Vascular Institute
Attempts at Improving Ejection with Pharmacologic Perfection: A Day in the Life of an Ambulatory Care Cardiology Pharmacist
Holly Flynn, PharmD
Monument Health
Valvular Heart Disease: MitraClip Overview
Becky Sharp, CNP
Monument Health Heart and Vascular Institute
- 2:20 p.m. **Break/Q&A - 10 minutes**
- 2:30 p.m. **Healing YOU while caring for your patients: A Step Toward Well-Being**
Alexia Gillen, D.O.
Mosaic Medicine
- 3:20 p.m. **Break/Q&A - 10 minutes**
- 3:30 p.m. **Coronary CTA**
Amid Bitar, M.D.
Monument Health Heart and Vascular Institute
- 4:20 p.m. **Structural Heart Disease Treatment in 2024 - The Future is Now**
Joseph Tuma, M.D.
Monument Health Heart and Vascular Institute
- 5:20 p.m. **Closing**

To RSVP or for more information:
monument.health/cardiovascularsymposium

 **MONUMENT HEALTH**
HEART AND VASCULAR INSTITUTE



Amid Bitar, M.D.
Monument Health Heart and
Vascular Institute



**Alexia G. Gillen, D.O.,
M.A., FAAFP**
Mosaic Medicine



**Luis Hernandez, M.D.,
FACC**
Monument Health Heart and
Vascular Institute



**Amy Pollak, M.D. ,
M.Sc.FAHA, FACC**
Mayo Clinic, Jacksonville



**Bhaskar Purushottam, M.D.,
FACC, FSCAI, FSVMB**
Monument Health Heart and
Vascular Institute



**Alexander Schabauer,
M.D., FSVMB, FACC**
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Participants must attend conference sessions and turn in their conference evaluation at the end of the program to successfully complete the continuing nursing education activity.

Recorded sessions will be available from November 11, 2024 to October 15, 2025. Participants who view recorded sessions must complete recorded sessions and turn in their conference evaluation to successfully complete the continuing nursing education activity.

Nurse Contact Hours will be available commensurate with the sessions attended both live and recorded:

- o Part 1 (Morning Session 0800-1215)—3.75 contact hours
- o Part 2 (Afternoon Session 1320-1720)—3.7 contact hours
- o Entire Session (0800-1720)—7.5 contact hours

Monument Health is approved with distinction as a provider of nursing continuing professional development by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

There are no relevant financial relationships with ineligible companies for those involved with the ability to control the content of this activity.

None of the planners or presenters for this educational activity have relevant financial relationships with ineligible companies to disclose except for Dr. Luis Hernandez, who is a consultant for the Allay Trial with Alleviant Medical. The relevant financial relationship listed for this individual has been mitigated.