

You have requested and been tested for a Sexually Transmitted Infection (STI) through Monument Health Labs on Demand.

Please see the following information to learn more.

- Most sexually transmitted infections (STIs) are spread by sharing body fluids (semen, vaginal secretions or blood) during anal, oral (mouth), or vaginal sex.
**STIs can also occur from direct contact with any sores or lesions during sex.*
- Since you have a positive test you are able to spread this to other people. We are asking you to **ABSTAIN** from all **SEXUAL ACTIVITIES**:
**Not having any anal, oral or vaginal sex.*
- Sexual behaviors which are considered safe (and don't usually transmit STIs) include holding hands, hugging, touching and kissing (as long as there are no sores on the lips or in the mouth).
- In the next 24 hours make an appointment with your Primary Care Provider, or go to Urgent care for treatment
- These disease are monitored by your State Health Department. You will receive a phone call to make sure you are getting treatment.
- If you happen to be pregnant or possibly could be pregnant it is very important to see your provider for treatment within 24 hrs, to hopefully avoid complications for you and your baby.
- A resource that could help if you have further questions is the South Dakota Department of Health Sexually Transmitted Infection Control or the links posted here. <https://doh.sd.gov/topics/family-planning/sti-control/>