

MONUMENT HEALTH HARDROCKER

COMBINE

POWERED BY exos

JULY 28, 2023

Tests include:

- Vertical jump
- Broad jump
- 10-yd + 40-yd dash
- 20-yd shuttle
- 3 cone drill
- 60-yd shuttle
- Bench press with velocity-based training technology

LOCATION:

O'Harra Stadium on the SD Mines Campus and the Quarry weight room

COST: \$99

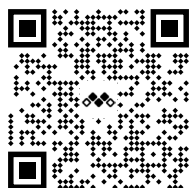
25% discount for EXOS members

PARTICIPANTS HAVE A CHANCE TO WIN AN

NFL COMBINE EXPERIENCE



LEARN MORE ABOUT THE COMBINE



SCAN TO REGISTER

 **MONUMENT HEALTH**
SPORTS PERFORMANCE INSTITUTE
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