

3RD ANNUAL DIABETES SYMPOSIUM

Diabetes Boot Camp: Training with the Pros

Tuesday, Nov. 15, 2022

8 a.m. - 5:00 p.m. | The Monument | LaCroix Hall

AGENDA

7:30 a.m.	Registration, Vendors and Light Breakfast	1:15 p.m.	Panel Discussion/ Case Studies Moderator – John Palmer, D.O. Panel Members – Sonalika Khachikian, M.D. Austen Fagerland, PA-C, Melissa Traub, PA-C, Rachel Edelen, M.D., Kris Legner PA-C Monument Health Endocrinology/ Monument Health Primary Care
8:00 a.m.	Welcome Deb Winter, RN, CDCES – Program Manager Monument Health Diabetes Education	2:15 p.m.	Q&A – 5 minutes
8:10 a.m.	Diabetes Distress vs Depression William Polonsky, PhD, CDCES Behavioral Diabetes Institute	2:20 p.m.	Neuropathy & Pain Management Derek Buck, M.D. Monument Health Orthopedic & Specialty Hospital
9:10 a.m.	Q&A – 5 minutes	2:50 p.m.	Break – 20 minutes
9:15 a.m.	What is NASH? Sonalika Khachikian, M.D. Monument Health Endocrinology	3:10 p.m.	Technology Update Austen Fagerland, PA-C Monument Health Endocrinology
9:45 a.m.	Q&A – 5 minutes	3:50 p.m.	Q&A – 5 minutes
9:50 a.m.	Extending Exogenous Insulin Production in Type 1 and Type 2 Diabetes Rachel Edelen, M.D. Monument Health Endocrinology	3:55 p.m.	Renal Update/Cardiac Update John Palmer, D.O. Monument Health Endocrinology
10:20 a.m.	Break – 15 minutes	4:55 p.m.	Closing Deb Winter, RN, CDCES John Palmer, D.O.
10:35 a.m.	Addressing Problematic Medication Adherence William Polonsky, PhD, CDCES Behavioral Diabetes Institute		
11:35 a.m.	Q&A – 5 minutes		
11:40 a.m.	Nutrition Therapy Guidelines in Diabetes Donna Riley, RD, LN, CDCES Monument Health Diabetes Education		
12:10 p.m.	Lunch and Vendors		

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To register or for additional information:
monument.health/diabetessymposium

CME/CE Credits Available

