

IV Push Medication

Warm your medication to room temperature before you give it. Read the medication label for instructions.

Do not heat the medicine in a microwave oven, direct sunlight, hot water, or any other heat source. Heating may damage the medication and make it harmful.

Follow these instructions with every infusion.

The needleless blue connector will be referred to as the “blue cap” below

1. Prepare a clean work area: Wipe the surface with a disinfecting wipe or soapy water.
2. Wash your hands well using a liquid soap for at least 20 seconds. Be sure to wash all parts of your hands including the top and bottom, between fingers, and under fingernails. **Use a paper towel to dry your hands.** You may use an alcohol-based hand sanitizer if your hands are not visibly dirty.
3. Place a clean paper towel on your work area and gather your supplies:
 - Medication - check the medication label to make sure the following are correct:
 - ✓ Patient name and date of birth
 - ✓ Medication name, dose, and expiration date
 - ✓ Number of times the medication is given each day
 - ✓ Hold the medication up to the light and make sure it hasn't changed color and that it doesn't have any particles floating in it. **If you see that the medication has changed color or has particles, Do Not Use The Medication and call Monument Health Home+ Home Infusion at (605) 755-1150.**
 - Alcohol pads
 - A timer
 - 2 prefilled saline syringes (0.9% sodium chloride)
 - 1 prefilled heparin syringe (if needed)

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4. Wash your hands and dry them using a clean paper towel.
5. Tap the saline syringe against your hand to move any air bubbles to the top. Loosen the cap on the saline syringe.
6. Hold the syringe so the tip points to the ceiling. Push the plunger up to remove the air.
7. Use a new alcohol pad to scrub the blue cap on the end of your IV line for 15 seconds. Let this air dry. Do not fan or blow air on the blue cap.
8. Take the cap off the saline syringe. Do not touch the syringe tip. **If the tip is touched, throw it away and use a new one.** Attach the end of the saline syringe to the blue cap on your IV line (push and twist clockwise).
9. Open the clamp(s) on your IV line. Push the syringe plunger using a start/stop pulsing motion. Do 9 quick pulses of about 1 mL each, stopping briefly between each pulse. Leave about 1 mL of saline in the syringe. Remove the syringe.
10. Pick up the medication syringe. Remove any air from the syringe by following steps 5-6.
11. Remove the cap from the medication syringe, avoid touching the tip.
12. Use a new alcohol pad to scrub the blue cap on the end of your IV line for 15 seconds. Let this air dry. Do not fan or blow air on the blue cap.

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13. Attach the medication syringe to the blue cap on your IV line (push and twist clockwise).
14. Push the medication syringe plunger **slowly**. This will take _____ minutes about push _____ lines per minute). Remove the syringe.
15. Prepare the saline syringe by following steps 5-6.
16. Use a new alcohol pad to scrub the blue cap on the end of your IV line for 15 seconds. Let this air dry. Do not fan or blow air on the cap.
17. Attach the end of the saline syringe to the blue cap on your IV line (push and twist clockwise).
18. Push the plunger using a start/stop pulsing motion as described in step 9. Leave about 1 mL of saline in the syringe. If you will not need heparin, remove the syringe and clamp the tubing.
19. If you will need heparin, prepare the heparin syringe by following steps 5-6. Use a new alcohol pad to scrub the blue cap on the end of your IV line for 15 seconds. Let this air dry, do not fan or blow air on the blue cap.
20. Attach the end of the heparin syringe to the blue cap on your IV line (push and twist clockwise). Slowly push the plunger. Leave about ½ mL of heparin in the syringe. Remove the syringe and clamp the tubing.
21. Throw your used supplies into the household trash unless you are told not to. You may want to remove the yellow label from the medicine syringe and shred it or cross out your personal information.

REMINDERS

- ❖ **Flush all IV lines twice daily unless told differently by your nurse.**
- ❖ **Always flush the IV line(s) in this sequence after giving your medication:**
 - **Flush**
 - **Remove the syringe**
 - **Clamp**
- ❖ **Always keep the line clamped when not in use.**
- ❖ **Wipe ONLY the blue cap with alcohol. The tip of the saline syringe and the tip of the medicine syringe are sterile and do not need to be cleaned.**

Monument Health Home+ Home Infusion
(605) 755-1150