

## **2<sup>nd</sup> Annual Monument Health Diabetes Symposium – From Covering the Bases to Exploring the Field**

*September 17, 2021 – The Monument*

### **Agenda**

- 7:45am                    **Registration/Breakfast & Vendors (45 minutes)**
- 8:30am                    **Welcome**  
**John Palmer, D.O.**
- 8:35am                    **Metabolic Effects of Bariatric Surgery**  
Andrew VanOsdol, M.D.  
Monument Health Spearfish Hospital
- 9:10am                    **Diabetes Prevention Program**  
Donna Riley RD LN CDCES  
Monument Health Diabetes Education
- 9:45am                    **Rising to the Challenge: Exploring the Psychosocial Aspects of Diabetes**  
Emilia Flint, Ph.D., LP  
Black Hills Psychology
- 10:30am                   **Break & Vendors (15 minutes)**
- 10:45am                   **Evaluation and Treatment of Diabetic Wounds**  
Rylan Johnson, M.D.  
Monument Health Orthopedic & Specialty Hospital
- 11:20am                   **The Cost of Diabetes**  
Heath Eggleston M.D. & Mackenzie Aalbu RN, CDCES  
Monument Health Primary Care / Monument Health Diabetes Education
- 12:00pm                   **Lunch and Vendors**
- 12:50pm                   **Panel Discussion/ Case Studies**  
Moderator – John Palmer, D.O    Panel Members – Sonalika Khachikian, M.D.,  
Austen Fagerland, PA-C, Melissa Traub, CNP, Heath Eggleston, M.D.  
Monument Health Endocrinology / Monument Health Primary Care
- 1:55pm                    **Inpatient Management & Diabetes Education**  
John Palmer, D.O. / SaraBeth Soetmelk RN, CDCES / Kelly Grimshaw RN, CDCES  
Monument Health Endocrinology / Monument Health Diabetes Education
- 2:25pm                    **Break & Vendors**
- 2:45pm                    **Continuous Glucose Monitoring & Insulin Pump Update**  
Austen Fagerland, PA-C & Melissa Traub, CNP  
Monument Health Endocrinology
- 3:30 p.m.                   **Endocrine “Potpourri”**  
Sonalika Khachikian, M.D.  
Monument Health Endocrinology
- 4:15pm                    **Questions & Answers, Evaluation & Program Closing**  
John Palmer, D.O.

