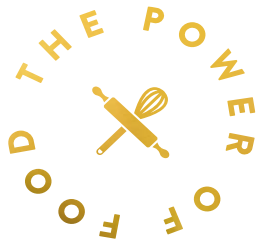
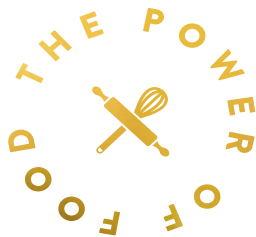


# Cafe Nourish



# Weekly Menu



Sunday 6/27/2021	
<b>entrée:</b>	oven roasted turkey with gravy german pot roast
<b>sides:</b>	roasted fresh vegetable blend baked zucchini with tomatoes garlic mashed potatoes braised red cabbage cream of potato
<b>soup:</b>	
Monday 6/28/2021	
<b>The Roost</b>	
<b>entrée:</b>	original chicken sandwich nashville hot chicken sandwich club original chicken sandwich
<b>soup:</b>	smoked gouda & red peppers
	
Tuesday 6/29/2021	
<b>verde taco   burrito   bowl</b>	
<b>entrée:</b>	cilantro rice   mexican rice pinto bean   black bean pulled pork   taco meat pulled chicken   beef barbacoa
<b>soup:</b>	potato ham chowder
	
Wednesday 6/30/2021	
<b>entrée:</b>	chicken cordon bleu pork stir fry
<b>sides:</b>	wild rice pilaf dijon roasted red potatoes caribbean vegetables oven fried zucchini sticks
<b>soup:</b>	minestrone
Thursday 7/1/2021	
<b>tavola italiana</b>	
<b>entrée:</b>	assorted pasta's & sauces italian meatballs   rosemary chicken   sausage & peppers   shrimp scampi
<b>sides:</b>	broccoli   brussel sprouts   roasted vegetables
<b>soup:</b>	tomato florentine
	
Friday 7/2/2021	
<b>entrée:</b>	kielbasa sausage cuban beef picadillo
<b>sides:</b>	spicy collard greens hot german potato salad sauteed apples and sweet onions arroz con gandues
<b>soup:</b>	corn chowder
Saturday 7/3/2021	
<b>entrée:</b>	italian style meatloaf chicken enchilada verde
<b>sides:</b>	spanish rice mexican beans roasted vegetables blend parmesan orzo
<b>soup:</b>	vegetable beef